

التربوية

Innovative Tarbiyyah  
Solutions

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Mufti Dr Sajid Siddique Belim (Falahi)

Tarbiyyah

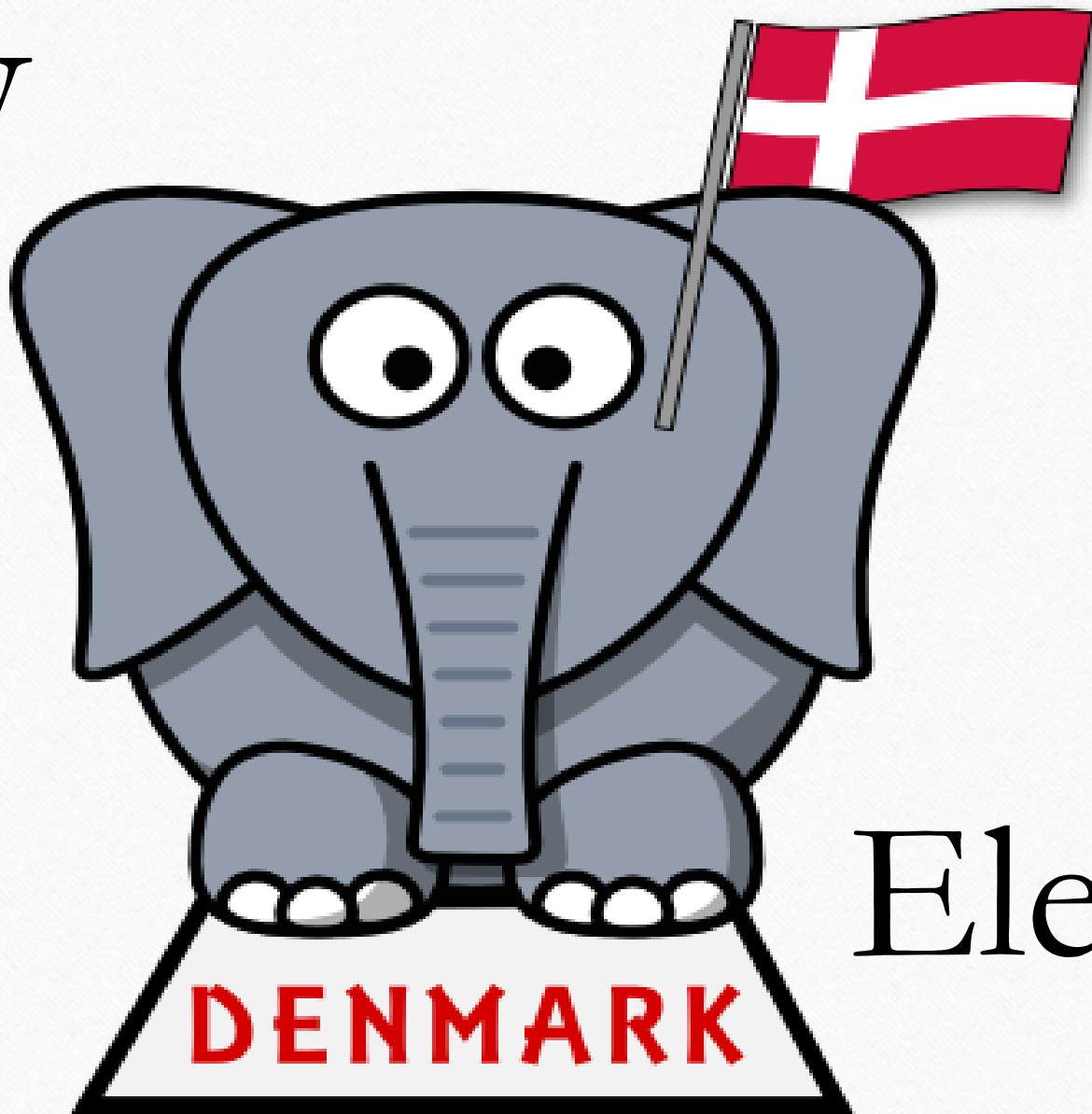


# MIND READING

- Think of a number from 1 to 9
- Multiply your number by 9
- Add the two numbers of your above answer
- Minus 5 from the number of your above answer
- If your answer is **1** it equals to **A** – if your answer is **2** it equals to **B** – If your answer is **3** it equals to **C** – if your answer is **4** it equals to **D** – if your answer is **5** it equals to **E** .....
- Think of a country beginning with your letter
- Think of an animal not bird or fish, beginning with the second letter of your country's name
- Think of the colour of your animal



Grey

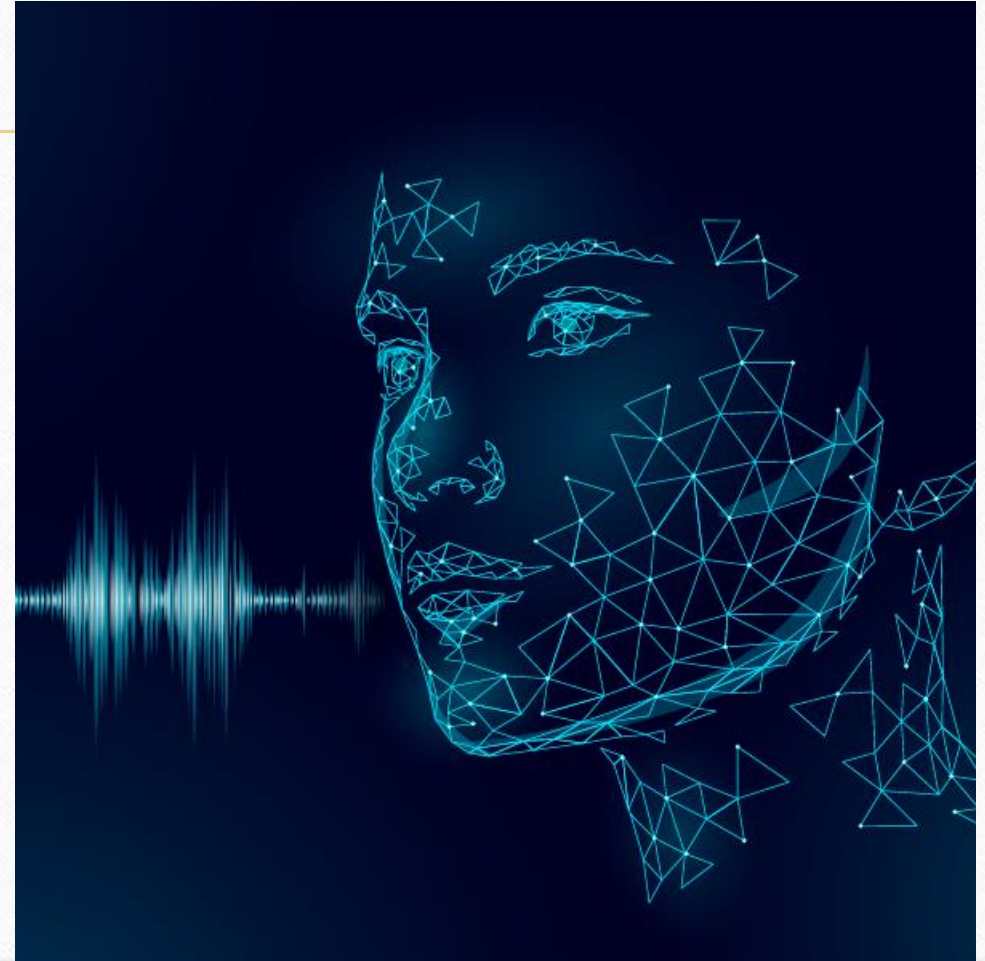


Elephant



# CONVERSATIONAL INTELLIGENCE

- If Our Communication and Conversation is Right and We know the Correct way to put forward Our point, We can achieve the desired results.





يَتَأْتِيهَا الَّذِينَ آمَنُوا قُلُوبًا أَنفُسُهُمْ وَأَهْلِيكُمْ نَارًا وَقُودُهَا النَّاسُ

وَالْحِجَارَةُ عَلَيْهَا مَلَائِكَةٌ غِلَاظٌ شِدَادٌ لَا يَعْصُونَ اللَّهَ مَا أَمَرَهُمْ وَيَفْعَلُونَ

مَا يُؤْمَرُونَ ﴿٦﴾

قال رسول الله صلى الله عليه وسلم: من أحب

((كُلُّكُمْ رَاعٍ))

وَمَسْئُولٌ عَنْ رَعِيَّتِهِ))



# Difference between Education (Taleem) and Upbringing (Tarbiyyah)

• **KNOWING**

• **APPLYING**





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**Dr. Haim  
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Author of *BETWEEN PARENT & TEENAGER*

***Between  
Parent &  
Child***

THE INDISPENSABLE  
BESTSELLER THAT HAS  
HELPED MILLIONS  
OF PARENTS TO  
COMMUNICATE WITH  
THEIR CHILDREN



"I am a survivor of a concentration camp. My eyes saw what no person should witness: gas chambers built by learned engineers. Children poisoned by educated physicians. Infants killed by trained nurses. Women and babies shot by high school and college graduates. So, I am suspicious of education.

My request is: Help your children become human. Your efforts must never produce learned monsters or skilled psychopaths. Reading, writing, and arithmetic are important only if they serve to make our children more human."

Dr. Haim Ginott,  
*child psychologist and Holocaust survivor*

***Dr. Haim  
G. Ginott***

***Teacher  
& Child***

*A Book for Parents and Teachers*

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# Only Knowledge no Tarbiyyah

- Collapsing of any nation does not require use of atomic bomb or the use of long-range missiles. It only requires one thing and that is 'lowering the quality of education' and 'Education without Tarbiyyah'
- Because the patient dies in the hands of such doctors
- And the bridges collapse in the hands of such engineers
- And the wealth is lost in the hands of such accountants
- And justice is lost in the hands of such lawyers (Nelson Mandela)
- And the humanity dies in the hands of such religious scholars
- And ignorant is rampant in the minds of children who are taught by the teachers who don't have the pride of their profession and they are not Murabbi



Tarbiyyah

Grooming

Upbringing

Mentoring





# Knowing the Difference

## What is Tarbiyyah

- Making a child sensible and responsible in his choices is tarbiyyah
- Making a child Pure in his intent and exquisite in his desires is tarbiyyah
- Taking the quality of Self-accountability of a child to its peak is tarbiyyah
- Making the child free from the thought of being alone is tarbiyyah

## What not is Tarbiyyah

- Fastening a child in restrictions is not tarbiyyah
- Being successful in making a child walk on your will is not tarbiyyah
- Making a child your obedient and duteous is not tarbiyyah
- Making a child people conscious is not tarbiyyah







# Methodology Of Tarbiyyah

WRONG WAY - 3 C'S

- Controlling
- Conditioning
- Checking

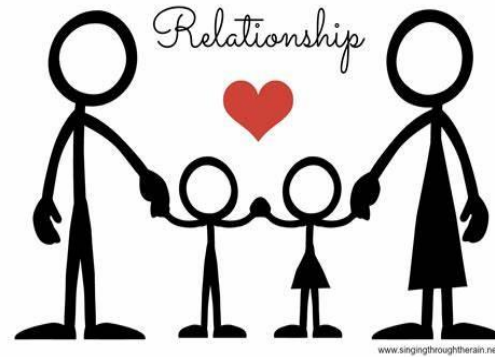




# Methodology of Tarbiyyah

right way - 3 r's

- Relationship



- Reflective conversation



- Responsibility (self accountability)

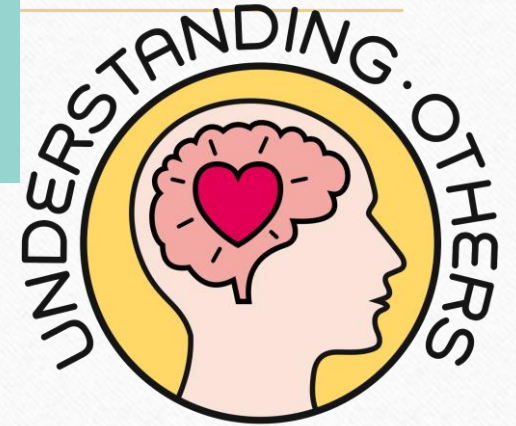




# Building relationship (taalluk)

- Try to become their favourite
- 20 % energy in advising and 80% energy in understanding
- Don't judge them, respect them
- Give time to your biggest investment

You're  
My  
Favourite!  
x



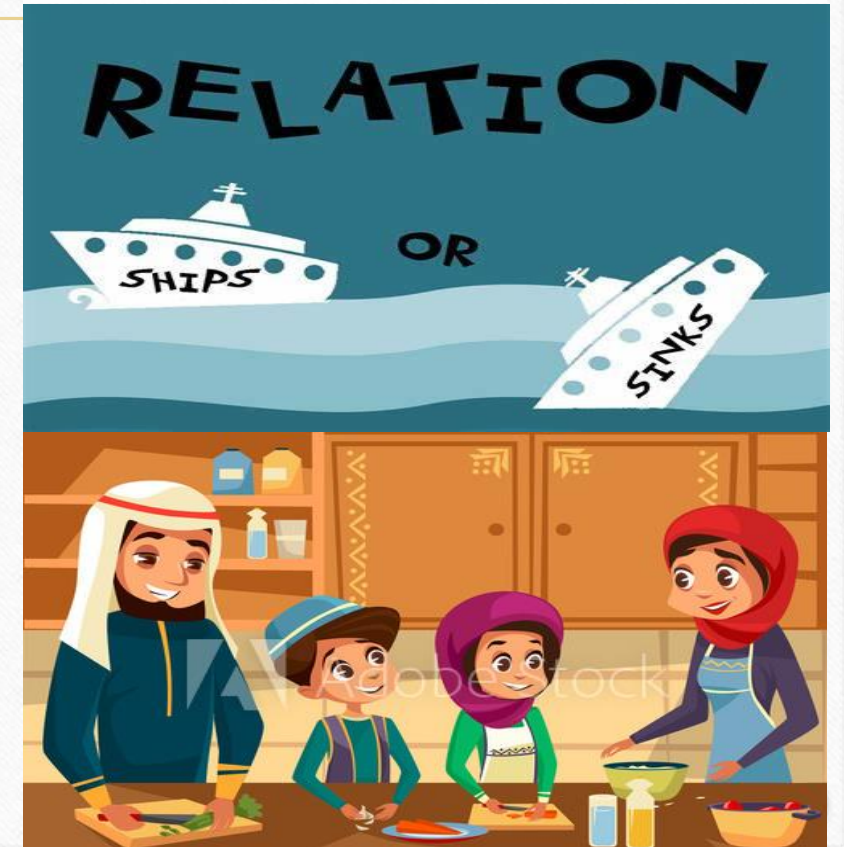


# Building relationship (Taalluk)

## Three levels of human connections

- **Rapport** – We are comfortable with each other and we can interact with each other
- **Relationship** – We know each other well and we can discuss problems and solutions
- **Bonding** – We have urge of togetherness, we always want to stay connected

connect listen  
mirror  
identify respect  
**rapport** relate  
explain **build**





# Example From Seerah

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- Maaz bin Jabal – while going to yemen
- Hazrat Abu bakr – Al mar-u ma man ahabba
- Abullah bin masood – bukhari







# Reflective conversation

## Essence of Conversation

- Listening to the words  
(down loading or conditioned listening)
- Listening to the feelings  
(tuning in)
- Listening to the needs  
(deeper tuning)





# Example From Seerah

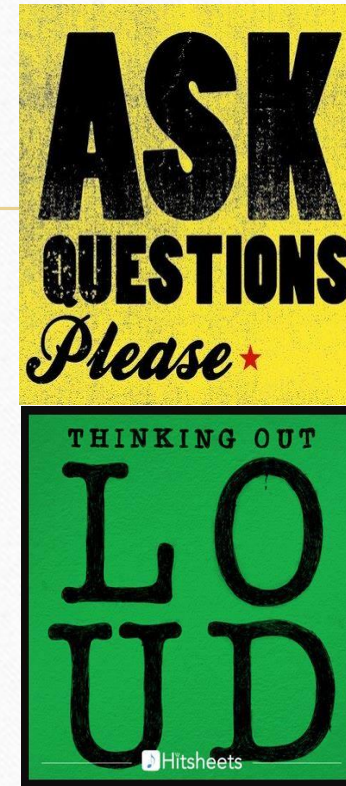
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- Mother, daughter, sister, slavegirl, chachi, khala -  
*Allhummaghfir zanbahu, wa tahhir qalbahu, wa hassin farjabu*
- (Abu umamah- ahmad)



# Responsibility / Self Accountability (Kuhd Ehtesaabi)

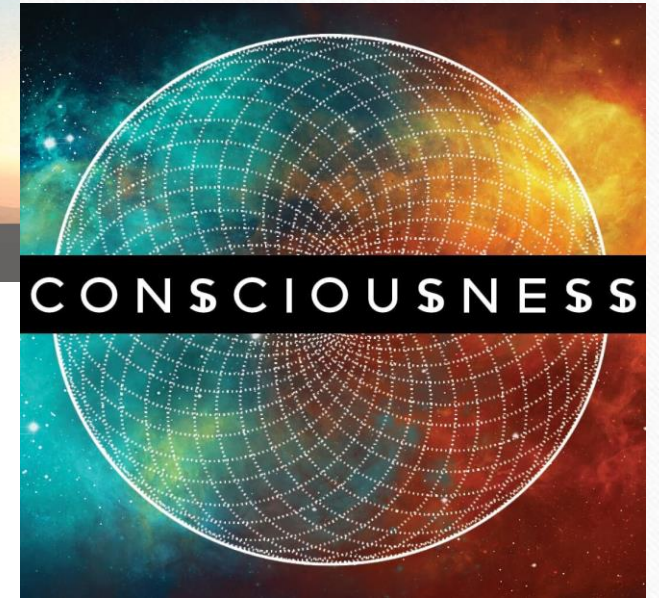
- Build the habit of asking question to oneself
- The questions which only I can ask to myself
- Sharing loud-thinking with child
- Tougher the question higher the rank





# Three p's – Threats for self accountability

- Personal Freedom  
(Shakhsi Azaadi)
- Pleasure Maximisation  
(Lazzato me Izaafa)
- People Consciousness  
(Makhlooq ka Khof)





# Example From Seerah

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- Inn asataghfiru fil yaumi mi-atu marrah
- Narration of Hazrat Hanzala (r.a)
- Hanzala munafiq ho gaya
- Question of umar (r.a) to Hazrat Huzaiifa bin Yaman (r.a)



# Murabbi must be more worried about himself

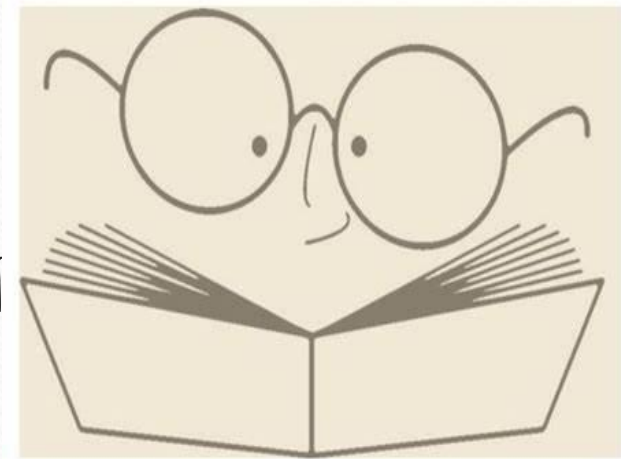
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- He must take care and be concerned about his own tarbiyah and tazkiyah.
- If a person is more concerned and worried for the societies and others reformation (islaah) than his own reformation, It will only lead to fasaad and corruption in the society.
- If the urge to correct ummah becomes more stronger than the urge of correcting myself it would create fasad.



# 7 - Qualities of Murabbi

- **MUTTAQI** (CONSCIOUS + COGNIZANT OF ALLAH)
- **MUKHLIS** (SINCERITY + HONESTY)
- **MUALLIM** (KNOWLEDGE + WISDOM)
- **MUDABBIR** (REFLECTING + PONDERING)
- **MOHSIN** (PATIENCE + TOLERANCE)
- **MUSLIH** (BETTERMENT + CORRECTION)
- **MURSHID** (GUIDANCE + ADVICE)






جَزَاكَ اللهُ خَيْرًا  
نَفَعُ اللهُ بِكَ وَرَفَعُ قَدْرَكَ

Thank you

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# 1 – Major problem

- Our biggest problem is that we failed to understand the essence of taleem and tarbiyah. Only because of this failure, we faced lots of problems, losses and calamities. it is the result of our ignorance that our society, our family system, individuals, our leadership our organisations, our social affairs, political affairs, economical affairs our youth affairs are in extreme crisis. Human, upon whom Allah Subhanahu wa Taala has trusted so much that he made him his khalifah on this earth, is now not even worth of another person's trust. And the primary reason behind this is we failed to realise and understand the core essence of taleem & tarbiyah in our education system. When I say taleem & tarbiyah, I am not referring to the procedure of going to school, college, university and getting a degree. Rather by tarbiyah I am referring to an individual who can own, accept and take full charge and responsibility of his actions, an individual who understand his existence fully and incline his existence totally towards the pure ibadah and worship of Allah Subhanahu wa Taala, an individual who takes control of his nafs/self and does not let his nafs/self control over him, an individual who critically reviews his feelings, wishes, and thoughts and constantly ponders over the kind of wishes and thoughts that exists in him and inspire him.
- Now the worse thing is that there are very few people in our society who are concerned about tarbiyah, and those who are concerned they are unaware about the methodology of tarbiyah or we can say they don't know right approach how to deal with this important matter of tarbiyah



## 2 – 3 c's wrong way

- First we will discuss about Tarbiyah methodology which is applied by some of the concerned people in our society and it is not the correct way, it is three c's : **1] control 2] condition 3] check** - **number 1** control is that somehow I manage to get the child under my control in my house or in school by power or position, then in the **second phase** some how I create a habit or condition the child to perform a specific act by punishment or reward and then after in the **third phase** I keep a check and monitor them to see if they are complying with it or not. The biggest problem of this method is we can never instil the love of good work in the child, the ability to do good deeds by himself, happily and passionately even in extreme condition and even in the society where good work is not considered good work, all this things can be never penetrate in his mind body heart and soul by this three c's method of tarbiyah.



## 3 – 3 r's right way

- Now let us discuss about the right method of tarbiyah, 3 R'S Method of tarbiyah first of all is **1] relationship (taalluk)** – build relationship with your child in your house and with your student in your class, if your relation with your child is not strong, you will try hard to control your child and will fail most of the time. And if your relations are good you will not need to put much effort to control the child. A very big crisis prevailing in our society at present is relationship crisis, right from the beginning, our relations are not good with our parents, with our partners, with our brothers and sisters with our managements, with our colleagues and most importantly with our Creator and Sustainer Almighty Allah.



# 4 – how to build relationship

- Now the question is how to build relationship with your child or student
- **A] try to become their favourites**, if you are not your child's favourite you will not be able to mentor him, the critical issue here is that a person who is concerned about the tarbiyah does not happen to be the child's favourite, the child doesn't even like him, so eventually he will never listen him.
- **B] try to understand your child**, use only 20% of your time, energy and efforts in advising the child and 80% in understanding the child, if the time in advising and guiding will exceed than understanding and listening to them, then we are at a high risk of even losing the little bit of relationship we already have, It is the basic responsibility of a parent and a teacher to be fully aware of their children's psychology. They should know how their child is going to react and respond in different situations, the more they will understand the more the relationship will develop.
- **C] Don't judge them, respect them** – a very simple technique to respect them is, the place and the position on which you want to see your child in future, may be you want to see him as a doctor, engineer, lawyer, entrepreneur, aalim, haafiz, mufti, Qari, now onwards start giving the child the amount of respect the world gives to someone of that status and stature. Insha Allahu Taala your child will become the person you want to see him as in the future. The current dilemma is just ponder how are you treating your child as a mother father or teacher, what kind of people in our society are treated in this way, who are the people in the society being talked in this way. Aey come here, shut up, get lost. Which kind of people in our society are interrupted in their speech, who are told again and again, stop nagging me, go away from here, don't irritate me (mera dimaag mat kharaab karo, dafaa ho jaao, sar mat khaao). Sorry to say but in this manner our child will only grow to become the unfavourable and disliked people of our society



# 5 – reflective conversation

- **2] Reflective conversation (mukalama)** , means a type of dialogue and conversation that develops depth in thinking process and open doors for reflection and analysis, we must keep in mind that every conversation is not reflective, some conversation causes the mind to close up instead of opening.
- I would like to share three simple steps to enhance reflective conversation

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**A] Develop the habit of question and answer**
- **B] Never ever get irritated by their questions rather acknowledge their questions**, if your child is over weight or under weight it is less bigger problem than of a child who has stopped asking question. In our society ‘non questioning attitude’, is not considered as a problem, in fact we will appreciate this approach and say, ‘how good this boy or girl is they never ask question. And how ill mannered this boy or girl is they ask many questions.
- **C] don’t ask questions to get the right answer** – you must never disheartened a child for not getting the answer which is already in your mind, the questions must not be raised always to get the correct answer but sometimes the question must be raise to initiate the thinking process in the child's mind and take him in the depths of thoughts.
- And lastly for having reflective conversation the first thing is most essential and that is relationship, only strong relationship can lead to strong reflective conversation. If your relationship is not good you can never have good conversation. And teach them language of conversation, a language in which he can talk, listen, think and reflect.



# 6 – Responsibility

- **3] Responsibility or Self accountability** (Khud ehtesaabi) – means no one else will keep a check on you, make a child so responsible that he can monitor his own actions, words and deeds. Now three steps to develop self accountability in a child
- **A] habit of asking tough and critical questions to ourselves**, the questions which gives peace and satisfaction to your self, your inner self will get purified and your internal dialogue will get improved. For example : why is it becoming difficult for me to take out time for salah, my namaz is to please my mother father or I am offering salah for the sake of Allah Subhanahu wa Taala, am I able to control my thoughts in salah,
- **B] Tougher the question higher the rank** - Am I turning to be a hypocrite (kya me munafiq ho gaya) we all know that such questions are from sunnah of Sahabas.
- **C] Share loud thinking with your child**, what is loud thinking, the best example we can see in the Seerah, Rasulullah sallahu alaihi wasallam says, ‘ I repent before Allah hundred times, with out any sins or mistakes if our prophet is repenting hundred times we have to just follow, this is loud thinking.



# Own Islaah

- Now one thing is certain here that who so ever is doing the job of tarbiyah will definitely be worried for himself too. First, He must take care and be concerned about his own tarbiyah and tazkiyah, continuous purification. If a person is more concerned and worried for the societies and others reformation (islaah) than his own reformation, will only lead to fasaad and corruption in the society. In other words, **If the urge to correct ummah becomes more stronger than the urge of self reformation it would create fasad.** our Concern, over our own salvation and reformation must be stronger than that for the society, as being concerned for the muslim ummahs reformation is a progression for your own salvation and reformation. Means I am trying to correct you so that I can remain correct myself. So murabbi should be more concerned about his own reformation, secondly murabbi is someone who does not claim to be a murabbi, murabbi is someone who is consumed by the thoughts of self purification and self correction, murabbi is someone who never likes to hear others praising him, he is not worried about personal branding, he is not worried about what people will think and say about me. With all these qualities a murabbi will build relationship with a child or student, which will lead to reflective conversation and eventually reach at the peak of self accountability



# OUTCOME OF TARBIYYAH ?

- TO MAKE LIFE MEANINGFUL
- WHEN THE PURPOSE OF LIFE CONNECTS WITH THE AIM OF LIFE THE LIFE BECOMES MEANINGFUL





# FIVE “A”

(TO AVOID ANGER, ARROGANCE, ARGUMENT)

- (Start) **A** **Accepting** – it is all right if children don't listen everything from you and start accepting that a growing child will have their own opinion
- **A** **Appreciate** (the work) – appreciation must increase, it must not decrease. Always appreciate the efforts and work done by him not the child
- (Give them) **A** **Adventure** – your relationship with your child must be adventurous not monotonous. Play with them, give them tasks and activities
- **A** **Advice** (from others) – there must be a mentor or a guru who can advice him, at the time when he is not listening the parent, But the child must be influenced by him
- **A** **Ask** (don't impose) – ask them what is the right thing and right time to do the work. Give them options and let them select