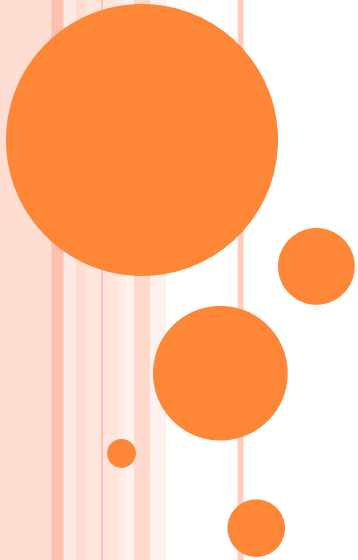


PARENTING CHALLENGES



AIM

- To assess the challenges of children in following areas:
 - **Awareness of Allah**
 - Study, understanding of Quran and practice of five pillars of Islam
 - **Awareness of self**
 - Commitment to pursuit of education, self-development, good health & wellbeing
 - **Awareness of Huqooq (responsibilities)**
 - Huqooq-Allah
 - Huqooq-Al-Ibaad- Relationship with parents, teachers & peers



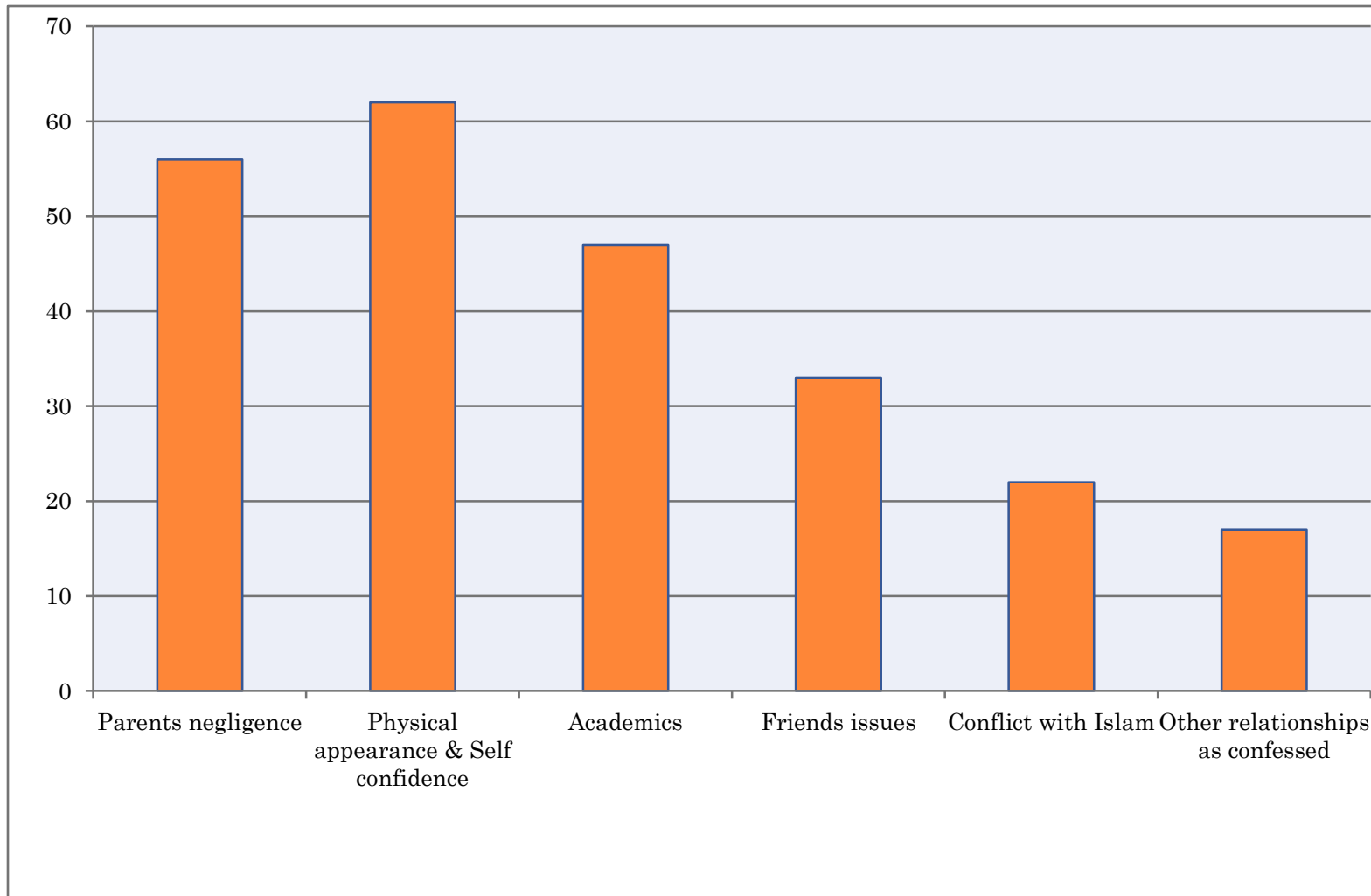
STUDY SO FAR.....

Baseline Study: (Qualitative)

- Counseled students.
- Asked open ended questions
 - What are their challenges
 - What pains them
 - What is their idea of ideal life.

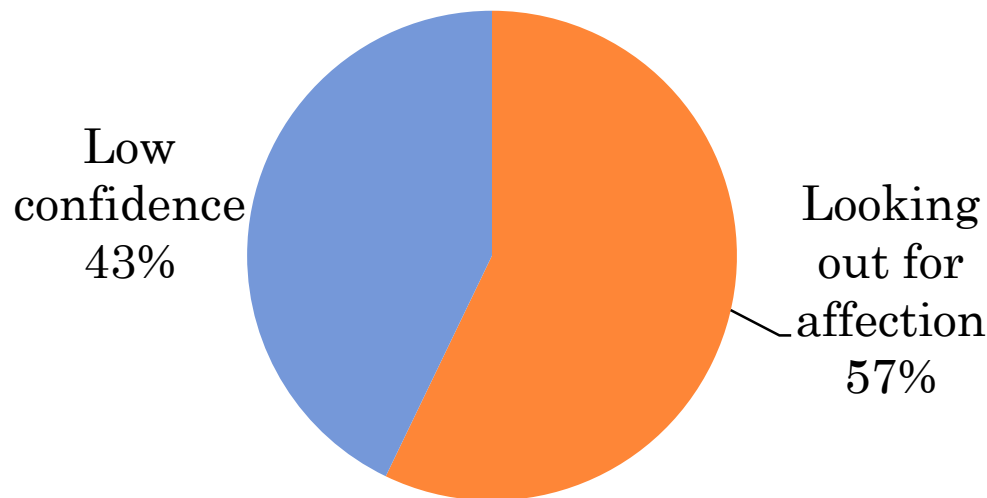


FINDINGS & THEIR EFFECTS



FINDINGS & THEIR EFFECTS

Parental Negligence Effects



- Around 56% girls are victims of parental negligence.
- In this 56%, 32% girls are looking for affection outside their homes.
- And the rest have become low on confidence, frustrated and do not understand emotions.



INTERVENTION 1 AT MS - PARENTS

- Conducted a workshop with parents to educate them on:
 - Psychology & development of a child.
 - Developing a bond with their children.
 - Impact of physiological and chemical processes of brain when a person is angry.



IMPACT

- The workshop was a surprise – they expected the usual PTMs which are more or less the blame game. 80% parents did not connect to us.
- Few were curious and shared with us the difficulties they face in raising their children.



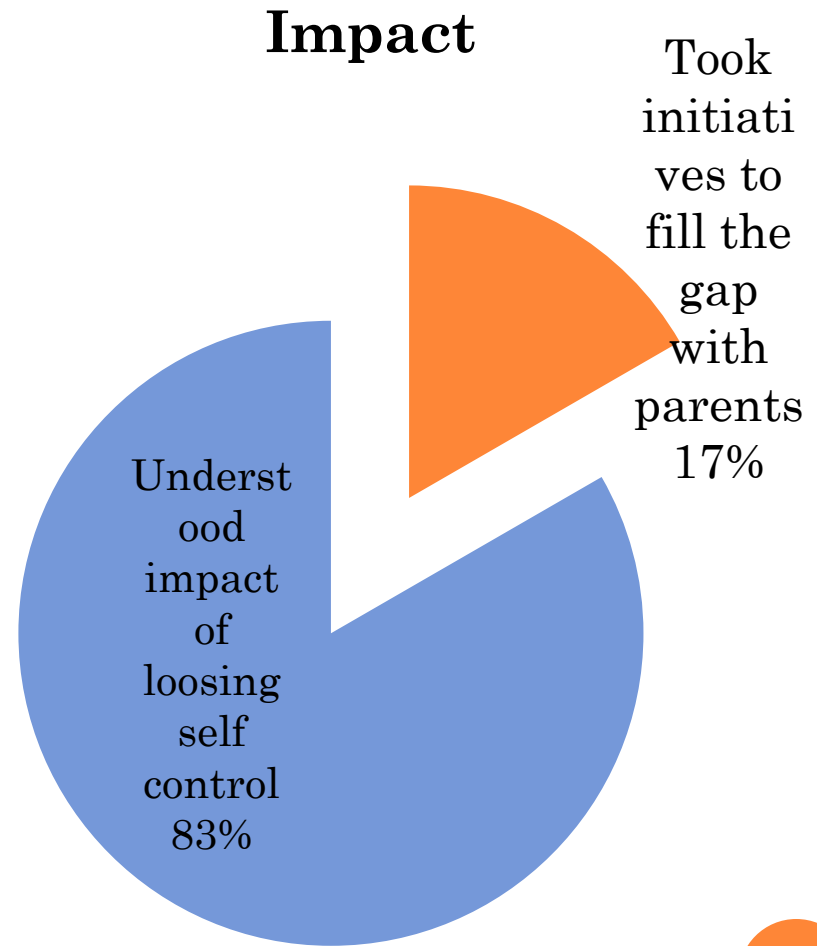
INTERVENTION 2 – STUDENTS OF MS ACADEMY

- Counseled students and encouraged them to take the initiative and fill the gap they feel in the relationship with their parents.
- Taught practical ways of taking responsibility of self and maintaining calm in face of provocations.



IMPACT

- Around 4% students were successful and reported saying they took the initiative and were happy about it.
- Around 20% girls were happy that they were able to now understand why they lose their self control and get reactive.



INTERVENTION 3 – PARENTS

- Gave them articles on effective parenting.
- Called and talked to each and every parent.
- Asked them open ended questions like:
 - *How do you want your child to be?*
How is he/she being now?
 - *What are your expectations from school?*
 - *How can you contribute*



IMPACT

- This opened a room for conversation and made the parents happy that we actually cared for their children
- Around 30% were ready to collaborate
- They expressed gratitude to the management for the concern.



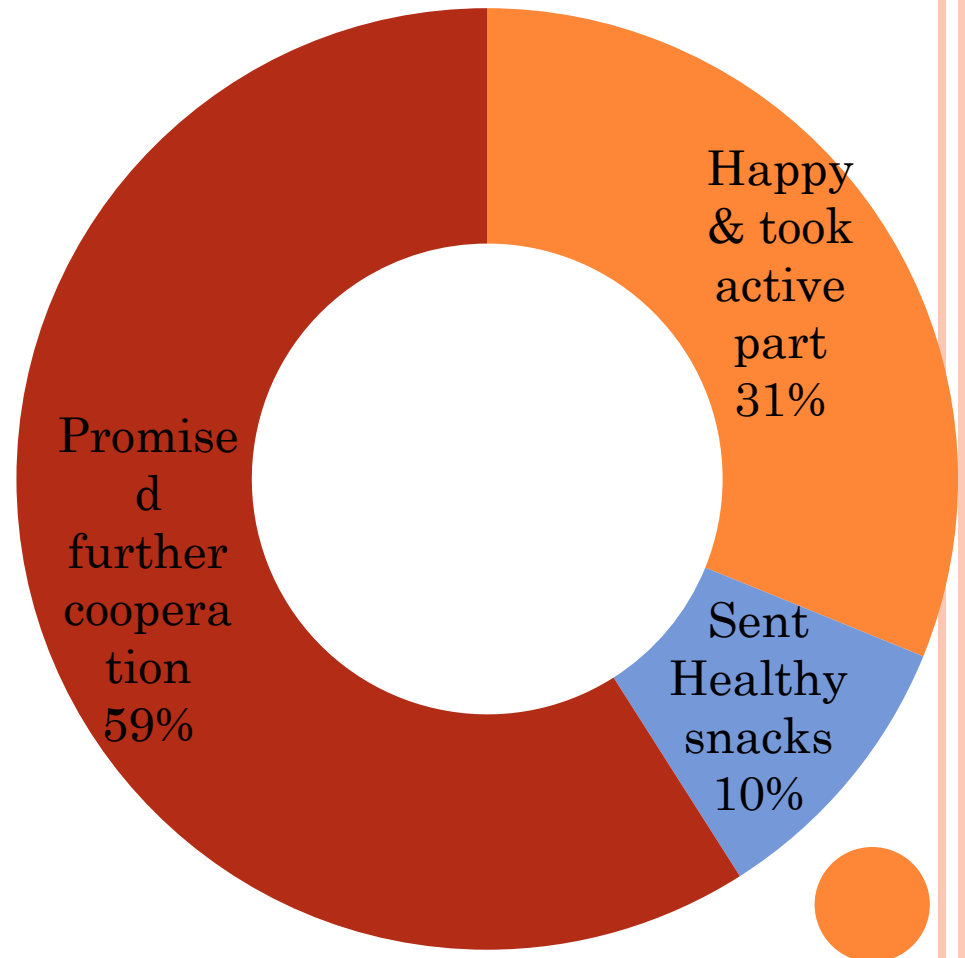
INTERVENTION 4 - PARENTS

- To change the norm of PTMs and to educate the parents of early childhood well being for the overall development, we conducted sessions with the parents of Nursery, PP1 & PP2 on:
 - How environment effects the children
 - How nutrition & parents attention is vital
 - How children learn by imitating their elders.



IMPACT

- Around 38% were first time parents and they were curious and happy to learn.
- We noticed around 12% of parents now are giving their children healthy snacks.
- And approximately 72% parents promised to keep their children away from electronic media.



FURTHER GOALS FOR THE PARENT-SCHOOL PARTNERSHIP

1(a) Discuss Homework Philosophy with Parents

(b) Connecting learning at school and home

2(a) Recognizing the role of the family

(b) Involving & Consultative decision making.

(c) Educating parents on Islam & Shariat.

3(a) Communicating & being accessible

(b) Creating an learning & online discussion forums to discuss with each other the development of childor whatsapp group with the parents of each class.



CONCLUSION

- We cannot educate our children without reaching out to their parents. When schools and families work together, children have a far better chance of not only being successful in school but being successful in life as well.
- *Hence an entire session is dedicated on influencing parenting.*

